Year-Round Child Nutrition Programs for Learning and School Readiness

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Nutrition, Health and Youth Development Division

“Leading for educational excellence and equity. Every day for every one.”
Childhood Hunger

• 1 in 6 children in Minnesota live in food insecure households

• 3 out of 4 teachers and principals nationally see kids who regularly come to school hungry

Nearly 40% of children in Minnesota qualify for free/reduced price lunch
Benefits of Good Nutrition

• Supports health and development
• Provides energy to learn, play, and grow
• Keeps children mentally engaged and ready to learn
• Fewer absences in school
• Fewer visits to the school nurse
• Fewer disruptions in the classroom
Today’s Presentation Will Cover...

• The At-Risk Afterschool Meal Program – Child and Adult Care Food Program (CACFP)
• The Summer Food Service Program (SFSP)
At-Risk Afterschool Meals Program
At-Risk Afterschool Meals

Provides reimbursement for 1 snack and 1 meal per student per day:

• NO CHARGE to students
• After the regular school day
• Expanded Learning Time Program can serve during last hour of day
• On school breaks, holidays and weekends during the regular school year
Benefits of Offering the CACFP
At-Risk Afterschool Meals Program

- Generate additional revenue
- FREE RATE paid on all snacks and meals
- Flexibility in scheduling the time and sequence of snacks and meals
At-Risk Reimbursement for 2016-17

At-Risk Snack: $0.86
At-Risk Breakfast: $1.71
At-Risk Lunch / Supper: $3.16 + $0.23 (CIL) = $3.39

*CIL* Cash-in-lieu of commodities is paid for each lunch and supper
175 School Days  
+ 15 School Release Days (breaks/days off)  
190 Total Days

If you serve  
100 afterschool snacks & 100 afterschool suppers

Number of meals/day x Reimbursement rates  
190 days x 100 Snacks x $ .86  =  $ 16,340.00  
190 days x 100 Suppers x $3.39  =  $ 64,410.00  
Total Reimbursement =  $ 80,750.00
Who Can Sponsor the CACFP At-Risk Afterschool Meals Program?

- Public, Charter or Parochial Schools
- Non-Profit Organizations
- Sites must be Area Eligible
How to Determine Area Eligibility

http://education.state.mn.us/Maps/sfsp.htm

Find “eligibility” on the Child Nutrition Programs Eligibility Map

Eligibility is good for 5 years!
Additional Criteria for Participation

Must be organized primarily to provide care during the regular school year

• after school
• on weekends, holidays or school vacations

Must provide educational or enrichment activities

Activities must be organized, regularly scheduled and provided in a structured and supervised environment
Educational or Enrichment Activities

Could Include: arts and crafts programs, homework assistance, theater, dance, life skills, computer or remedial education, organized fitness activities that are “open to all,” etc...

There is No requirement that all students receiving snacks and/or meals participate in the offered activities (e.g. Drop-Ins allowed)
Who is Eligible to Receive a Meal/Snack?

• Children through age 18
• No *minimum* age limit
• No age limit for students with disabilities
What MEAL PATTERNS Can Be Used?

Child and Adult Care Food Program Meal Patterns

OR

National School Lunch Program (NSLP) Meal Patterns

Both can utilize “Offer Versus Serve”
Meal Choices

After the School Day:
1 meal & 1 snack

Snack and/or supper
Possibly Lunch for certain groups

Non-School Days:
1 meal & 1 snack

Lunch & afternoon snack OR
Breakfast (claimed as a snack) & Lunch
Meal Service

Meals must be consumed on-site, not grab and go
Easy Application Process

Whether you are new to USDA’s meal programs or a current sponsoring organization looking to add the At-Risk Afterschool Meals Program offered through the Child and Adult Care Food Program (CACFP), the toolkits on this page will guide you through the process.

If you are interested in the At-Risk Afterschool Meals Program, please view this webinar, Introduction to the Child and Adult Care Food Program, that describes the benefits of participation, the types of organizations currently participating and the program responsibilities for sponsors that operate the CACFP.

After viewing the webinar, select one of the toolkits below for step-by-step guidance on how to complete online training and the application-related forms. A web-based training session called Overview of the CACFP Enrollment Process is also available to walk you through these steps.

Enrollment Toolkits for the At-Risk Afterschool Meals Program

Attachment for Non-Licensed Sites - 7/15/16
Form used to document approval eligibility to participate in the Child and Adult Care Food Program.
Enrollment Process Toolkit-At-Risk for Organizations not Currently on a Food Program - 8/19/16
Organizations that currently are not on another USDA food program like school nutrition or summer food can use this document as a guide to enroll in the CACFP, specific to At-Risk Afterschool Meals.
Enrollment Process Toolkit-At-Risk for SFSP Sponsors - 8/26/16
Organizations that currently participate in USDA’s Summer Food Service Program can use this document as a guide to enroll in the CACFP At-Risk Afterschool Meals.
Enrollment Process Toolkit-At-Risk for SNP Sponsors - 8/26/16
Organizations that currently participate in USDA’s School Nutrition Program (SNP) can use this document as a guide to enroll in the CACFP At-Risk Afterschool Meals.
Principal Identification – 5/17/16
Required form for Child and Adult Care Food Program sponsors to report the date of birth for all principals. Each member of the governing board as well as the executive director must be represented.
Resources

Visit USDA’s website and access the “At-Risk Afterschool Meals” Handbook
Summer Food Service Program (SFSP)
## Summer Food Service Program Qualifying Program Criteria

<table>
<thead>
<tr>
<th>Like At-Risk</th>
<th>Unlike At-Risk</th>
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<tr>
<td>• Available to children and youth through age 18 and over 18 with a disability</td>
<td>• Not required to provide organized, regularly scheduled, age-appropriate activities</td>
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<tr>
<td>• Eligibility based on school data where at least 50% of students are eligible for free or reduced meals</td>
<td>• Site eligibility may qualify site using other data, including census data</td>
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Qualify Site: Area Eligibility Based on School & Census Data

Dotted:
• School data eligible area
• Any month may be used

Shaded:
• Census data eligible area
• Updated annually in fall

Search: MN SFSP eligibility map
Site Types: Open

- All children welcome and eat free
- Promote program to public, signage and news release
- Claim up to 2 meals per day
- Any combination of two meals may be claimed except lunch and supper

Eligible for 5 Years!

*Summer school/credit recovery programs and Area Learning programs must qualify site to participate in SFSP or stay on the NSLP/SBP.*
Closed Enrolled Sites

All children eat free when at least 50% of children enrolled are income eligible.

OR

• Site is located in eligible area.
• Eligibility must be redetermined annually.
• May claim up to two meals a day.
• NOT allowed for summer schools.
Summer Food Service Meals

- Sites can use SFSP or NSLP meal pattern
- Similar record keeping requirements
- Meal must be consumed on-site
- Free up funds for other budget items
- Attract students to programs and activities


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<tr>
<th></th>
<th>Rural and/or Self-prep</th>
<th>Urban &amp; Vended</th>
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<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td>$ 2.1325</td>
<td>$ 2.0925</td>
</tr>
<tr>
<td><strong>Lunch/Supper</strong></td>
<td>$ 3.7450</td>
<td>$ 3.6850</td>
</tr>
<tr>
<td><strong>Snack</strong></td>
<td>$ 0.8875</td>
<td>$ 0.8650</td>
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Rates effective January - December 2016
Summer Food Service Program

Guidance

These resources are annually updated to reflect changes and highlight new resources available for sponsors. They include:

- Administrative Guidance for Sponsors (.pdf)
- Monitor’s Guide (.pdf)
- Nutrition Guidance for Sponsors (.pdf)
- Site Supervisor’s Guide (.pdf)
- Site Supervisor’s Guide- Spanish
Resources, Grants and Calculator for Financial Feasibility

No Kid Hungry School Calculator

This is an interactive calculator, created in collaboration with Edelman Consulting, that provides decision makers in schools and districts with a business model to understand the financial feasibility of feeding students by maximizing three federal nutrition programs: school breakfast, after-school meals and summer meals. Based on information entered, results will automatically populate to show users their annual estimated costs, reimbursements and increases in student participation for the meal programs.

School Breakfast  Afterschool Meals and Snacks  Summer Meals

Visit the State of Hunger Map

http://bestpractices.nokidhungry.org
Welcome to Food and Nutrition which is part of the Minnesota Department of Education's Nutrition, Health and Youth Development Division.

We administer USDA Child Nutrition programs that provide healthy food to children and adults. These programs include the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program, Summer Food Service Program, Special Milk Program and USDA Foods Program. USDA Team Nutrition grants provide additional funding for MDE to offer training and technical support for these groups.

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Related MDE resources:
Child Nutrition Programs Eligibility Map
Activities + Meals + Reimbursement = Good Return on Investment

*Hunger not only jeopardizes children’s education, but also their future workforce participation; children starting out at a disadvantage are more likely to remain at a disadvantage into adulthood.*

Contact Information
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