

# Year-Round Child Nutrition Programs for Learning and School Readiness



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## Childhood Hunger

- 1 in 6 children in Minnesota live in food insecure households
- 3 out of 4 teachers and principals nationally see kids who regularly come to school hungry

Nearly 40% of children in Minnesota qualify for free/reduced price lunch

# Benefits of Good Nutrition



- **Supports health and development**
- **Provides energy to learn, play, and grow**
- **Keeps children mentally engaged and ready to learn**
- **Fewer absences in school**
- **Fewer visits to the school nurse**
- **Fewer disruptions in the classroom**

# Today's Presentation Will Cover...

- **The At-Risk Afterschool Meal Program –  
Child and Adult Care Food Program (CACFP)**
- **The Summer Food Service Program (SFSP)**





# At-Risk Afterschool Meals Program



# At-Risk Afterschool Meals

Provides reimbursement for **1 snack** and **1 meal** per student per day:

- **NO CHARGE** to students
- **After the regular school day**
- **Expanded Learning Time Program** can serve during last hour of day
- **On school breaks, holidays and weekends** during the regular school year

After School  
Snack Time!



# Benefits of Offering the CACFP At-Risk Afterschool Meals Program



- **Generate additional revenue**
- **FREE RATE** paid on all snacks and meals
- **Flexibility** in scheduling the time and sequence of snacks and meals



## At-Risk Reimbursement for 2016-17

**At-Risk Snack: \$ .86**

**At-Risk Breakfast: \$1.71**

**At-Risk Lunch / Supper: \$3.16 + \$ .23 (CIL) = \$3.39**

*CIL Cash-in-lieu of commodities* is paid for each lunch and supper



# Example

**175 School Days**  
**+ 15 School Release Days (breaks/days off)**  
**190 Total Days**

**If you serve**  
**100 afterschool snacks & 100 afterschool suppers**

**Number of meals/day x Reimbursement rates**

<b>190 days x 100 Snacks x \$ .86</b>	<b>= \$ 16,340.00</b>
<b>190 days x 100 Suppers x \$3.39</b>	<b>= \$ <u>64,410.00</u></b>
<b>Total Reimbursement =</b>	<b>\$ 80,750.00</b>



# Who Can Sponsor the CACFP At-Risk Afterschool Meals Program?

**Public, Charter or Parochial Schools**



**Non-Profit Organizations**



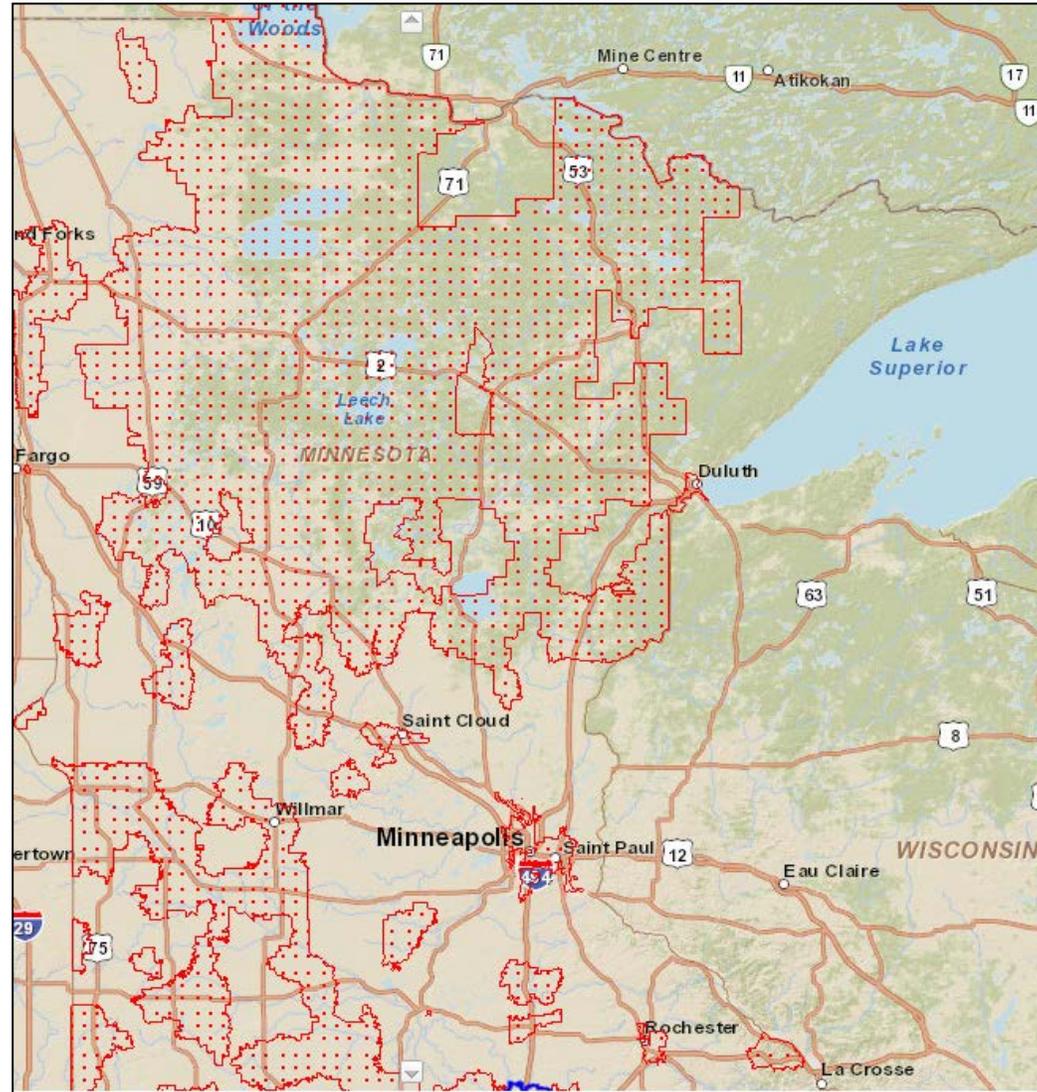
**Sites must be Area Eligible**

# How to Determine Area Eligibility

<http://education.state.mn.us/Maps/sfsp.htm>

Find **“eligibility”** on the  
Child Nutrition Programs  
Eligibility Map

Eligibility is good for 5 years!



# Additional Criteria for Participation

**Must be organized primarily to provide care during the regular school year**

- after school
- on weekends, holidays or school vacations

**Must provide educational or enrichment activities**

**Activities must be organized, regularly scheduled and provided in a structured and supervised environment**



# Educational or Enrichment Activities



Could Include: arts and crafts programs, homework assistance, theater, dance, life skills, computer or remedial education, organized fitness activities that are “open to all,” etc...

There is **No** requirement that all students receiving snacks and/or meals participate in the offered activities (e.g. Drop-Ins allowed)

# Who is Eligible to Receive a Meal/Snack?

- Children through age 18
- No *minimum* age limit
- No age limit for students with disabilities



# What MEAL PATTERNS Can Be Used?

**Child and Adult Care  
Food Program Meal  
Patterns**

**OR**

**National School  
Lunch Program (NSLP)  
Meal Patterns**

**Both can utilize  
“Offer Versus Serve”**





# Meal Choices



**After the School Day:  
1 meal & 1 snack**



**Snack and/or supper  
Possibly Lunch for certain groups**

**Non-School Days:  
1 meal & 1 snack**



**Lunch & afternoon snack OR  
Breakfast (claimed as a snack) & Lunch**



# Meal Service

**Meals must be consumed on-site, not grab and go**



# Easy Application Process

The screenshot shows the Minnesota Department of Education website. The navigation bar includes links for Home, About MDE, Students and Families, Licensing, and Districts, Schools and Educators. The breadcrumb trail reads: MDE > Districts, Schools and Educators > Food and Nutrition > Child and Adult Care Food Programs. The page title is "Applications".

**Child and Adult Care Food Programs**

- At-Risk Afterschool Meals**
  - Applications** (highlighted with a blue arrow)
  - Food Service Operations
  - Training: At-Risk Afterschool Meals
  - CACFP for Family Child Care
  - Child and Adult Care Food Program for Centers
  - Community Nutrition Newsletter
- Civil Rights for USDA Programs
- Food Distribution Program
- Milk Programs
- School Nutrition Programs
- Summer Food Service
- Team Nutrition
- Contact

[mde.fns@state.mn.us](mailto:mde.fns@state.mn.us)  
651-582-8526  
800-366-8922 (toll free MN only)

Whether you are new to USDA's meal programs or a current sponsoring organization looking to add the At-Risk Afterschool Meals Program offered through the Child and Adult Care Food Program (CACFP), the toolkits on this page will guide you through the process.

If you are interested in the At-Risk Afterschool Meals Program, please view this webinar, [Introduction to the Child and Adult Care Food Program](#), that describes the benefits of participation, the types of organizations currently participating and the program responsibilities for sponsors that operate the CACFP.

After viewing the webinar, select one of the toolkits below for step-by-step guidance on how to complete online training and the application-related forms. A web-based training session called [Overview of the CACFP Enrollment Process](#) is also available to walk you through these steps.

### Enrollment Toolkits for the At-Risk Afterschool Meals Program

[Attachment for Non-Licensed Sites - 7/15/16](#)  
Form used to document approval eligibility to participate in the Child and Adult Care Food Program.

[Enrollment Process Toolkit-At-Risk for Organizations not Currently on a Food Program - 8/19/16](#)  
Organizations that currently are not on another USDA food program like school nutrition or summer food can use this document as a guide to enroll in the CACFP, specific to At-Risk Afterschool Meals.

[Enrollment Process Toolkit-At-Risk for SFSP Sponsors - 8/26/16](#)  
Organizations that currently participate in USDA's Summer Food Service Program can use this document as a guide to enroll in the CACFP At-Risk Afterschool Meals.

[Enrollment Process Toolkit-At-Risk for SNP Sponsors - 8/26/16](#)  
Organizations that currently participate in USDA's School Nutrition Program (SNP) can use this document as a guide to enroll in the CACFP At-Risk Afterschool Meals.

[Principal Identification - 6/17/16](#)  
Required form for Child and Adult Care Food Program sponsors to report the date of birth for all principals. Each member of the governing board as well as the executive director must be represented.

# Resources



**Visit USDA's website  
and access the "At-Risk  
Afterschool Meals"  
Handbook**

# Summer Food Service Program (SFSP)





# Summer Food Service Program Qualifying Program Criteria

## Like At-Risk

- Available to children and youth through age 18 and over 18 with a disability
- Eligibility based on school data where at least 50% of students are eligible for free or reduced meals

## Unlike At-Risk

- Not required to provide organized, regularly scheduled, age-appropriate activities
- Site eligibility may qualify site using other data, including census data

# Qualify Site: Area Eligibility Based on School & Census Data

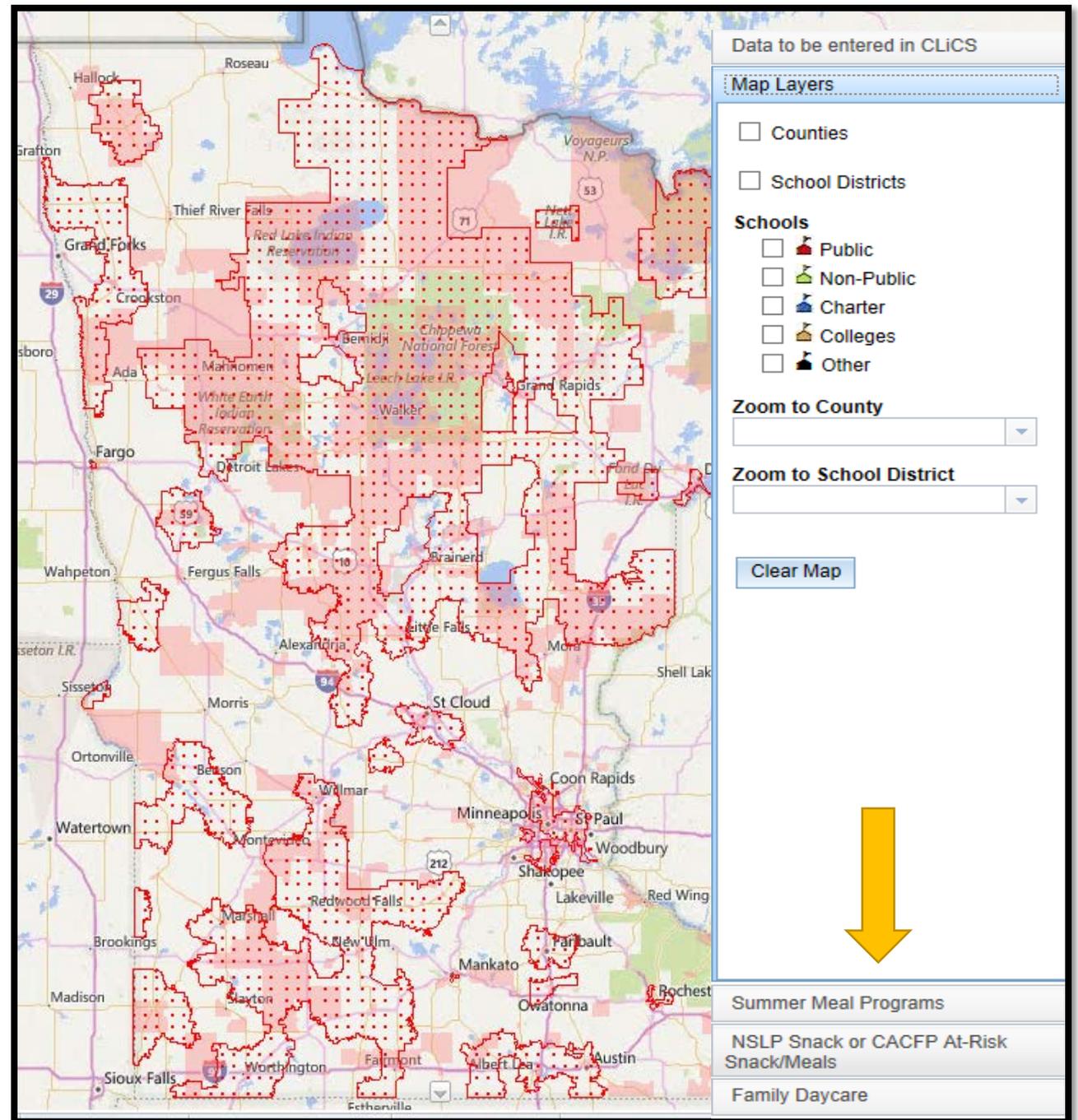
## Dotted:

- School data eligible area
- Any month may be used

## Shaded:

- Census data eligible area
- Updated annually in fall

Search: MN SFSP eligibility map





## Site Types: Open



- All children welcome and eat free
- Promote program to public, signage and news release
- Claim up to 2 meals per day
- Any combination of two meals may be claimed except lunch and supper

**Eligible for 5 Years!**

***Summer school/credit recovery programs and Area Learning programs must qualify site to participate in SFSP or stay on the NSLP/SBP.***



# Closed Enrolled Sites

All children eat free when at least 50% of children *enrolled* are income eligible.

OR

- Site is located in eligible area.
- Eligibility must be redetermined annually.
- May claim up to two meals a day.
- *NOT allowed for summer schools.*





# Summer Food Service Meals

**Sites can use SFSP or NSLP meal pattern**

**Similar record keeping requirements**

**Meal must be consumed on-site**

**Free up funds for other budget items**

**Attract students to programs and activities**





# SFSP Reimbursement

Rates effective January - December 2016

	<u>Rural and/or Self-prep</u>	<u>Urban &amp; Vended</u>
<b>Breakfast</b>	\$ 2.1325	\$ 2.0925
<b>Lunch/Supper</b>	\$ 3.7450	\$ 3.6850
<b>Snack</b>	\$ 0.8875	\$ 0.8650



# USDA Resources

**USDA** United States Department of Agriculture  
Food and Nutrition Service

About FNS

**Programs** **Data** **Newsroom** **Research** **Forms**

[Home](#) » [SFSP Tools](#) » [Guidance](#)

**How To Help**

- > Find a site
- > Sponsor a site
- > Manage a site
- > Raise Awareness

**SFSP Tools**

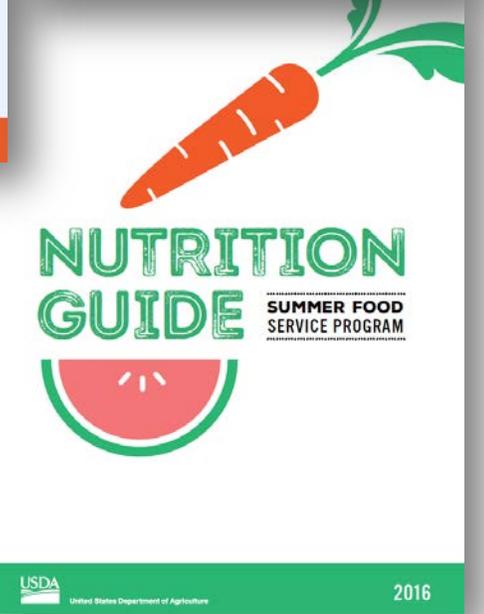
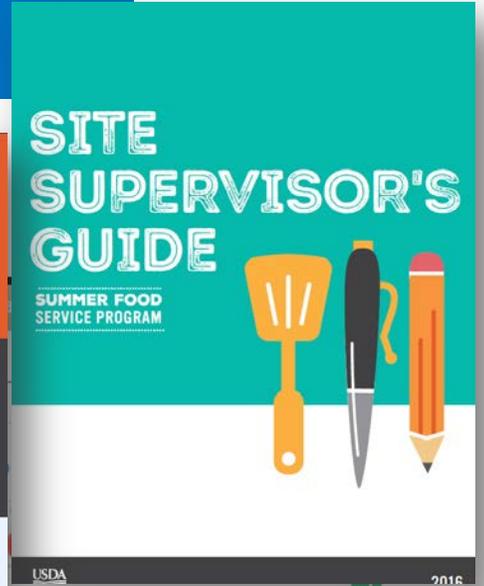
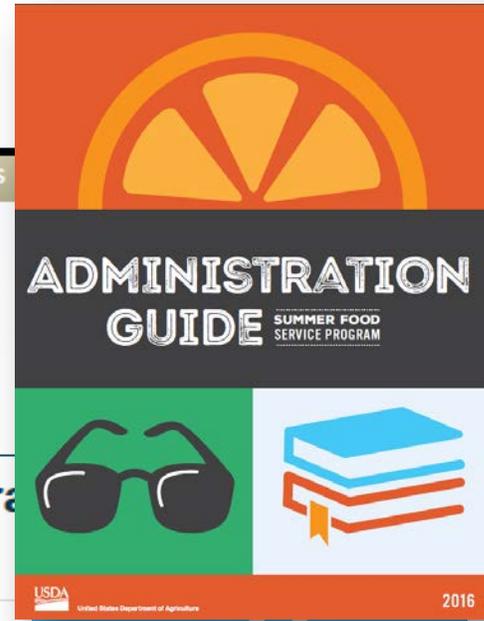
- > Webcast Series
- > Mapping Tools
- > Program Guidance

**Summer Food Service Program**

**Guidance**

These resources are annually updated to reflect changes and highlight new resources available for sponsors. The

- [Administrative Guidance for Sponsors \(.pdf\)](#)
- [Monitor's Guide \(.pdf\)](#)
- [Nutrition Guidance for Sponsors \(.pdf\)](#)
- [Site Supervisor's Guide \(.pdf\)](#)
- [Site Supervisor's Guide- Spanish](#)



# Resources, Grants and Calculator for Financial Feasibility

The screenshot shows the website for NOKID HUNGRY, center for BEST PRACTICES. The header includes the logo, navigation links (Home, About, Partner Forum), a search bar, and a 'Subscribe' button. A menu bar lists categories: SCHOOL BREAKFAST, SUMMER MEALS, AFTERSCHOOL, EARLY CHILDHOOD, SNAP, STATE/LOCAL CAMPAIGNS, and HEALTHY FOODS. A button for 'View the State of Hunger Map »' is visible. The main heading is 'No Kid Hungry School Calculator'. Below it, a paragraph explains that this is an interactive calculator created with Deloitte Consulting, designed to help schools and districts understand the financial feasibility of feeding students by maximizing federal nutrition programs. Three columns are featured: 'School Breakfast' with a photo of a girl and text about rethinking school breakfast; 'Afterschool Meals and Snacks' with a photo of a boy and text about connecting children with free food after school; and 'Summer Meals' with a photo of a boy eating watermelon and text about providing nutrition during summer months.

A promotional graphic with a red starburst background. At the top, a pair of black sunglasses is shown. Below the sunglasses, the text reads 'Catch a free meal!' in a white, cursive font, followed by 'this summer kids 18 and under eat free' in a smaller, white, sans-serif font. The background of the graphic is a light blue sky with a green field at the bottom. At the bottom right, there is a logo for 'VIRIBUS CHILDREN'S FUND' and text that says 'Supported in part by Second Harvest Heartland'.

<http://bestpractices.nokidhungry.org>

# Minnesota Department of Education Website

<http://education.state.mn.us/MDE/dse/fns/>

**Minnesota Department of Education**

MDE > Districts, Schools and Educators > Food and Nutrition

**Food and Nutrition**

Search 

 Print

**Child and Adult Care Food Programs**

Welcome to Food and Nutrition which is part of the Minnesota Department of Education's Nutrition, Health and Youth Development Division.

**Civil Rights for USDA Programs**

We administer USDA Child Nutrition programs that provide healthy food to children and adults. These programs include the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program, Summer Food Service Program, Special Milk Program and USDA Foods Program. USDA Team Nutrition grants provide additional funding for MDE to offer training and technical support for these groups.

**Food Distribution Program**

**Milk Programs**

**School Nutrition Programs**

**Summer Food Service**

**Team Nutrition**

**Contact**

Food and Nutrition Service  
[mde.fns@state.mn.us](mailto:mde.fns@state.mn.us)  
651-582-8526  
800-366-8922 (toll free MN only)

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(1) Mail:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights

**Helping Students Develop Lifelong Healthy Eating Habits**

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**Related MDE resources:**  
[Child Nutrition Programs](#)  
[Eligibility Map](#)



**Activities + Meals + Reimbursement  
= Good Return on Investment**

***Hunger not only jeopardizes children's education, but also their future workforce participation; children starting out at a disadvantage are more likely to remain at a disadvantage into adulthood.***

Food Stamps as Medicine: A New Perspective on Children's Health. (2007).  
Children's Sentinel Nutrition Assessment Program (C-SNAP).



# Contact Information

## Nutrition, Health and Youth Development



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